

AUGUST

Back-to-School Preventive Care



Check Off Your Child's Health Needs before School Starts

Back-to-school season is the perfect time to take care of your child's preventive health needs. Early planning can help reduce missed school days, avoid last-minute appointments, and support a healthy start to the year.

Schedule Preventive Care Before School Starts

Before the school year begins, take time to review your child's important health needs, including:

- Annual well—child visit
- Required school vaccines and immunizations
- Sports physicals, if needed
- Vision and dental exams
- Medication and health forms for school

Remember: Preventive care is covered at 100% when you use in-network providers. Services are covered based on timing and frequency, so be sure to review eligibility before scheduling.

Stay Up to Date on Vaccines

Vaccines help protect children from serious illness and may be required for school attendance. If you are unsure whether your child is current on recommended immunizations, contact your child's doctor about any needed or catch-up vaccines.

Trusted resources

- [Centers for Disease Control and Prevention](#)
- [Vaccine Information and Common Questions](#)



When Should a Child Stay Home from School?

Preventing the spread of illness is another important part of back-to-school wellness. A child may need to stay home from school based on school policy or provider guidance if they have symptoms such as:

- Pinkeye
- Vomiting or Diarrhea
- Fever
- Persistent Cough
- Sore Throat

Contact your child's doctor to review checkups, vaccines, physicals, and school health requirements. Appointments fill quickly before the school year begins, so schedule your child's preventive care soon. Schedule your child's preventive care now. Click [HERE](#) to find an in-network provider.

Please note: This information is for educational purposes only and is not intended to replace professional medical advice, diagnosis, or treatment. Always consult your healthcare provider for medical concerns. Please refer to your plan documents for specific benefit details and limitations.

Sources:

- <https://healthylearn.com/connerstrong/hn/immunize-your-child.html>
- <https://healthylearn.com/connerstrong/hn/sick-kid.html>