

Employee Assistance Program (EAP)



Aetna Resources for Living

Resources for Living includes confidential counseling to help with health, personal, legal, financial, or work-related challenges at **NO COST TO YOU**. This information is completely confidential and not shared with Remington & Vernick.

All Remington & Vernick employees, and dependents regardless of medical enrolled status, have access to Aetna Resources for Living. Dependent children, living away from home, may access this benefit up to age 26.



Did You Know?

INCREASED COUNSELING SESSIONS AVAILABLE!

Beginning January 1, 2025, you now have access to **six (6) free** counseling sessions per calendar year, per topic. Whether you prefer in-person, virtual, or phone sessions, help is available for a wide range of emotional support needs, 24/7.

Take advantage of this expanded benefit to prioritize your well-being today!

You can access services by phone at **888.238.6232** or online at **www.resourcesforliving.com**.

- Username: RVE
- Access Code: EAP

You can also download the Resources for Living mobile app to easily access services on the go. Just scan the QR code!

